



# CLINICAL ISSUES IN THE CARE OF OLDER ADULTS - PALLIATIVE CARE



Veterans Affairs Ann Arbor Healthcare System  
Geriatric Research, Education and Clinical Center  
VISN 11: Veterans in Partnership  
Department of Internal Medicine,  
Division of Geriatric and Palliative Medicine

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Medical Education (CME) Sponsor



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MACKINAC ISLAND  
MICHIGAN

Thursday, September 28, 2017

The Kensington Hotel on State Street, Ann Arbor, MI

## PROGRAM SCHEDULE

Thursday, September 28, 2017

7:45 am	Registration and Continental Breakfast
8:15	Welcome and Announcements Marcos Montagnini, MD
8:20	Communication with Patients and Family at the End of Life Shaida Talebreza, MD
9:20	Update on Pain Management Michael Smith, PharmD., BCPS
10:10	Break
10:30	Stress, Burnout and Self Care Thomas O'Neil, MD
11:20	Cancer Care for the Elderly Charles Nock, MD
12:15 pm	Lunch
1:15	Introduction to Breakout Sessions
1:20	Breakout Session #1 (see below)
2:15	Breakout Session #2 (see below)
3:10	Interdisciplinary Teamwork in Palliative Care Kathie Supiano, PhD, LCSW, FT

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### BREAKOUT SESSION FORMAT

Participants will have the opportunity to attend two breakout sessions in the afternoon (refer to the three available session topics below). On the registration form, please indicate the two topics you are most interested in attending. We will make every effort to accommodate your choices.

### BREAKOUT SESSION TOPIC OPTIONS

- Improving Communication Skills with Patients - Adam Marks, MD
- Strategies for Dealing with Grief and Loss - Janice Firn, PhD, LMSW; Kathie Supiano, PhD, LCSW, FT
- Nuts and Bolts of Using Opioids - Michael Smith, PharmD., BCPS

## COURSE OBJECTIVES

At the conclusion of this course, participants will be able to implement:

- effective strategies to improve communication around goals of care and advanced care planning with patients and family.
- strategies to control pain and symptom management at the end-of-life.
- measures to protect against provider burnout.
- cancer care principles for geriatric patients.
- improved communication skills.
- the care of persons experiencing grief and loss
- basics of opioid use in geriatric patients.
- techniques in building a functional interdisciplinary team for palliative care.

## TARGET AUDIENCE

This conference is intended for physicians, nurse practitioners, physician assistants, nurses, social workers, pharmacists, visiting nurses, home health aides, and other practitioners taking care of older adults in the community, hospitals, and nursing homes.

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### ABOUT THE VA ANN ARBOR HEALTHCARE SYSTEM

Since 1953, VA Ann Arbor Healthcare System (VAAHS) has provided state-of-the-art healthcare services to the men and women who have so proudly served our nation. We consider it our privilege to serve your healthcare needs in any way we can. More than 65,000 Veterans living in a 15-county area of Michigan and Northwest Ohio utilized the VAAHS in fiscal year 2014.

The main hospital campus located in Ann Arbor serves as a referral center for specialty care and operates 105 acute care beds and 40 Community Living Center (extended care) beds. In addition to this location, we offer services in 3 community-based outpatient clinics. These clinics are located in Jackson and Flint, Michigan as well as Toledo, Ohio.

#### MISSION

Honor America's Veterans by providing exceptional healthcare that improves their health and well-being.

#### VISION

VA Ann Arbor Healthcare System will continue to be the benchmark of excellence and value in healthcare and benefits by providing exemplary services that are both patient-centered and evidence-based.

This care will be delivered by engaged, collaborative teams in an integrated environment that supports learning, discovery and continuous improvement.

It will emphasize prevention and population health and contribute to the nation's well-being through education, research and service in national emergencies.

## DATE & TIME

Thursday, September 28, 2017, 7:45 am - 4:00 pm

## VENUE

The Kensington Hotel on State Street  
3500 S. State Street, Ann Arbor, Michigan 48108  
Toll Free: (800) 344-7829  
www.kcourtaa.com

## REGISTRATION

You are encouraged to register as soon as you are certain of attending. Payment must accompany registration. Checks should be made payable to the University of Michigan in U.S. currency. Payments by American Express, Discover, MasterCard or Visa are also accepted. The registration fee includes continental breakfast, coffee service, lunch, and electronic syllabus for participants. On-site registration will also be available.

## CONFIRMATION

Course registrations will be confirmed by email. If you have any questions, please call (734) 232-3469 or email [intmedcme@umich.edu](mailto:intmedcme@umich.edu).

## CANCELLATION POLICY

An administrative fee of \$50 will be deducted from your registration payment. Refund requests must be received in writing, no later than Wednesday, September 20, 2017. No refunds will be made thereafter. Please email [intmedcme@umich.edu](mailto:intmedcme@umich.edu).

## ACCREDITATION

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Applications have been submitted to the American Osteopathic Association and the American Academy of Family Physicians for credits. An application has also been submitted for CEs with the Michigan Social Work Continuing Education Collaborative. Determination of credit is pending. Other credits by specialty may apply.

## COURSE SYLLABUS

An electronic syllabus will be available to download during and a week after the course. The URL will be provided at the course. A printed syllabus can be purchased for an additional fee of \$15 no later than Wednesday, September 20, 2017.

## DRIVING DIRECTIONS

From the North

Take US 23 South to Interstate 94 West. Proceed on I-94 West to State Street (Exit 177). Turn right off the exit onto State Street and then left at the first available left turn (Briarwood Mall).

From the South

Take US 23 North to Interstate 94 West. Proceed on I-94 West to State Street (Exit 177). Turn right off the exit onto State Street and then left at the first available left turn (Briarwood Mall).

From the East

Take Interstate 94 West. Proceed on I-94 West to State Street (Exit 177). Turn right off the exit onto State Street and then left at the first available left turn (Briarwood Mall).

From the West

Take Interstate 94 East. Proceed on I-94 East to State Street (Exit 177). Turn left off the exit onto State Street. Turn left at the first available left turn (Briarwood Mall).

## CONTACT US

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## KEYNOTE SPEAKER

### **Shaida Talebreza Brandon, MD**

Associate Professor,  
Section of Geriatric Medicine  
Department of Internal Medicine  
University of Utah  
Medical Director,  
Inspiration Hospice

## PLANNING COMMITTEE

### **Hae Mi Choe, PharmD**

Director, Pharmacy Innovations and  
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Clinical Associate Professor, College of Pharmacy  
Director, Ambulatory Pharmacy Care Transformation  
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### **Janice Firn, PhD, LMSW**

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### **James Fitzgerald, PhD**

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### **Barbara Heath, RN-BC, MSNEd**

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### **Marcos Montagnini, MD**

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Fellowship Program  
Director, Palliative Care Program  
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### **Barbara Shay, MEd**

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### **Caroline Vitale, MD**

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## COURSE FACULTY & STAFF

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### **Charles J. Nock, MD**

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Louis Stokes VA Medical Center & Case Western  
Reserve University  
Assistant Professor,  
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Department of Medicine  
Case Western Reserve University

### **Thomas O'Neil, MD**

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Department of Internal Medicine  
Director, Arbor Hospice  
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### **Maria Silveira, MD**

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### **Michael Smith, PharmD., BCPS**

Adult Palliative Care Program  
Clinical Assistant Professor,  
Department of Clinical Pharmacy  
University of Michigan College of Pharmacy

### **Kathie Supiano, PhD, LCSW, FT**

Associate Professor,  
College of Nursing,  
Director, Caring Connections: A Hope in  
Comfort and Grief  
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